

BREASTFEEDING WEEK CELEBRATION MAYABAZAR & ANANDHAPURAM



• Maya Bazaar

On August 8th, 2019 breastfeeding week was celebrated in Maya Bazaar. In total, 17 lactating and 8 pregnant women participated in the program from the community.

Miss. Usha, ANM of Sonnehalli PHC was invited as a Special Guest to address about breast feeding to the participants. ANM explained about the position of breastfeeding, the importance of breastfeeding through IEC materials. And she also explained the benefits of colostrum milk and Immunization for the kids.

• Anandhapuram

On August 10th, 2019, breastfeeding week was celebrated in Anandhpuram. Miss Ratana, ANM of Anadhpuram PHC was invited as a special guest. In total, 15 lactating mothers and 10 pregnant women participated in the program. The special guest spoke about the benefits of breastfeeding, colostrum feeding, exclusive and complementary feeding. Also, she highlighted the benefits of breastfeeding to the mothers by reducing the risk of breast cancer, Ovarian cancer, helps the uterus return to its pre-pregnancy size and may reduce uterine bleeding after birth.

